

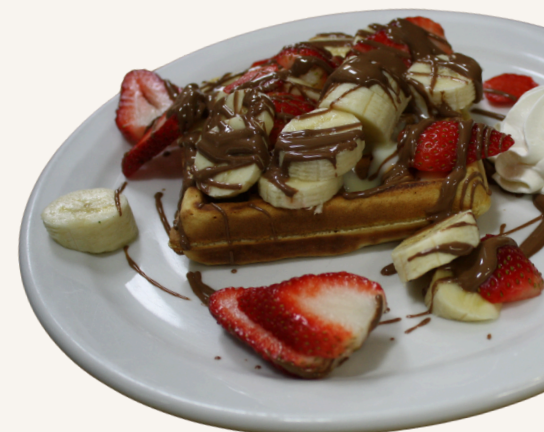


Coffee included with all our breakfasts

Breakfasts

Pancakes, waffles and French toast

Served with homemade pastry cream and your choice of Belgian chocolate, strawberry coulis, homemade caramel or pure maple syrup



The classics

Served with potatoes, toast and fresh fruit (except the Poutine)

2 eggs 8.50

2 eggs & a side 12.50

choice of bacon, sausage, pulled ham, baked beans, cretons or fruit bowl

Sweet & Salty 20

2 eggs, bacon, sausage, pulled ham, baked beans or cretons, with pancake, half waffle or French toast (strawberry, banana or fruity) and strawberry coulis, pastry cream, Belgian chocolate or pure maple syrup

I want it all! 21

2 eggs, bacon, sausage, pulled ham, baked beans, cretons, cheese, pancake and pure maple syrup

Intermède Poutine 19

1 egg, sausage, bacon, pulled ham, onions, bell peppers, French fries and cheese curds



Plain (2) 14
pure maple syrup

Chocolate-Banana 16.50

Fruity 17.50
honeydew melon, cantaloupe, pineapple, bananas and strawberries

Strawberry-Banana 18.50

I looove strawberries! 19.50

Eggs Benedict

Poached eggs on English muffin, hollandaise sauce, served with potatoes and fresh fruit

Classic 17.50
pulled ham

Florentine 19.50
pulled ham, spinach et Swiss cheese

Smoked salmon 22
red onion and capers

Mountaineer 22
roast beef, onions, mushrooms, cheddar cheese and le Cantonner cheese



Served with potatoes, toast and fresh fruit

Cheezy 15
choice of cheddar, Swiss, mozzarella or yellow cheese

Garden Medley 16
bell peppers, onions, mushrooms, tomatoes, zucchini and spinach

Spinach & Goat Cheese 17
onions and mushrooms

Western 17
pulled ham, bell peppers and onions

Carnivore 19
bacon, sausage, pulled ham and onions

Meat & Cheese 19
bacon, sausage or pulled ham and cheddar, Swiss cheese, mozzarella, yellow cheese or cheese curds

Oven Delights

Breakfast Pizza served with potatoes and gratin with toast and fresh fruit

Breakfast Pizza

CARNIVORE: sausage, bacon, pulled ham, onions, Intermède sauce and mozzarella

VEGETARIAN: bell peppers, onions, tomatos, mushrooms, zucchini, Intermède sauce and mozzarella

Morning Gratin

CARNIVORE: sausage, bacon, pulled ham, onions, potatoes, hollandaise sauce and mozzarella

VEGETARIAN: bell peppers, onions, tomatos, mushrooms, zucchini, spinach, potatoes, hollandaise sauce and mozzarella

Tasty Add-Ons

Egg	1
Toast	2
Banana	2
Bagel	3
Baked beans	3
Choice of meat	4
Choice of cheese	3
Tomato (3 slices)	2.50
Potatoes	3
Homemade caramel	3
Hollandaise sauce	3
Belgian chocolate	4
Fruit bowl	5
Pure maple syrup 2 oz	2.50
Homemade strawberry coulis	2.50
Homemade pastry cream	2.50
Toast & coffee	5.50
Bagel & coffee	6.50



Healthy Choices

Strawberry-Banana Oatmeal	13
granola, bananas, strawberries, pure maple syrup and toast	
Simplistic	13
fresh fruit, homemade pastry cream and choice of toast	
Classic Healthy	15
1 egg, cottage cheese, fruit salad and choice of toast	
Yogurt Crunch Parfait	17
vanilla yogurt, granola, strawberries and choice of toast	
Salmon Tartine	18
poached egg, smoked salmon, guacamole, red onion, crispy capers, arugula and fresh fruit	
Gourmet Bagel	18
smoked salmon, cream cheese, red onion, crispy capers and fresh fruit	

Little Morning Bites

10 AND UNDER
MILK, JUICE OR CHOCOLATE MILK INCLUDED



Pancake, half waffle or French toast	6
with pure maple syrup	
Grilled-cheese	10
potatoes	
Egg & meat	10
bacon, sausage or pulled ham, potatoes and toast	
Pancake, half waffle or French toast	10
belgian chocolate and bananas	

Breakfast Sandwiches

Served with potatoes and fresh fruit

Grilled Cheese	10
Classic BLT	12
bacon, lettuce, tomatoes and mayonnaise	
Ham Signature	14
country-style bread, egg, pulled ham, yellow cheese, lettuce and mayonnaise	
Morning Wrap	16
egg, bacon, sausage, cheddar and Intermède sauce	
Breakfast Club	19
egg, yellow cheese, bacon, lettuce, tomatoes and mayonnaise	



Beverages

Freshly Squeezed Orange Juice	6
Smoothie with Yogurt	8
Smoothie	6.50
Mimosa (orange or grapefruit)	8
Regular Orange Juice	2.50
Hot Chocolate	2.75
Espresso	simple 3 double 5
Americano	3.50
Cappuccino	4.75
Latte	5.75

